

MFLC Permission Form

Parents,

2 September 2020

We are pleased to announce that Liberty Intermediate School has been assigned a CYB-MFLC (Child and Youth & Military Family Life Counselor, 'MFLC' [*em-flack*] for short). Our MFLC is Ms. Beverly Little or 'Ms. Beverly' as she is known by our students. The next page of this document is the official memorandum of the duties of an MFLC, but to summarize, the MFLC's are assigned to each school to assist in the counseling and emotional support needs of the students, their families and the school. The last page is the permission form. You have the right to request or refuse services for your student.

This school year, due to COVID-19 concerns, our MFLC will be servicing our school virtually. The hope is that she and the other MFLC counselors will be able to join the schools very soon. We will keep you informed of any changes.

The MFLC counselors are a service provided by the Department of Defense; with the exception of abuse and duty to warn situations, services are private and confidential and no records are maintained.

An important function of the MFLC is to meet with students; in order for a student to be able to visit the MFLC counselor, we must have a signed form granting permission for the child to be seen.

A few of the many topics that are covered by the MFLC are: Loss/ Grief, Anger, relocation, deployments/ re-integrations, bullying, social awareness, family and individual counseling, parental concerns, and many more.

Parents and families are welcome to ask to speak to the school MFLC.

The next page is the parent permission form. If you would like your child to be eligible to talk to the MFLC counselor, please sign this form and return it to Mr. Pontius, our school guidance counselor. This can be returned as a hard copy; photographed or scanned into an e-mail as long as it is legible. We are currently making groups and setting schedules for students to talk to Ms. Beverly. Space will fill quickly so do not procrastinate if you think your student might benefit from services.

If you feel you would like more information before making a decision, please feel free to contact Mr. Pontius or Ms. Beverly for more information.

Regards,

Mr. Alan Pontius
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Liberty Intermediate School
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DSN: 226-2258

Ms. Beverly Little
CYB-MFLC
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MEMORANDUM:

SUBJECT: Child and Youth Behavioral Military & Family Life Counselor

1. This letter is to inform you about the Child and Youth Behavioral Military and Family Life Counseling (CYB-MFLC) program services. Due to the unique challenges faced by military families, the Department of Defense is offering this private and confidential non-medical counseling service to military service members, military families, and military family service member's children in Child and Youth Programs, Department of Defense Education Activity schools, Local Education Agencies, DoDEA CYP summer programs, National Military Family Association Operation Purple Camps, Guard/Reserve camps, and Operation Military Kids Camps.
2. The CYB-MFLC counselors may support the centers, schools, summer programs and camps and work with military children and their families in the following ways:
 - Observe, participate and engage in activities with children and youth.
 - Provide direct interaction with military children.
 - Model behavioral techniques and provide feedback.
 - Suggest courses of age appropriate behavioral interventions to enhance coping and behavioral skills.
 - Provide outreach to military parents when they are available such as when they drop off or pick up their children or at family events.
 - Be available for military parents to contact for guidance and support.
 - Facilitate psycho-educational groups.
 - Conduct training for staff and parents.
 - Recommend referrals to military family programs and other resources as needed.
3. The counselor may assist military parents, military children and centers with the following type of issues:
 - Communication
 - Self-esteem/self-confidence
 - Resolving conflicts
 - Behavioral management techniques
 - Bullying
 - Helping children deal with angry feelings
 - Sibling/parental relationships
 - Deployment and reintegration issues
4. The counselor may also work with military children in settings such as field trips and other center, camp, or school sponsored activities.
5. The counselor is available to accommodate appointments and meetings/activities after hours and on weekends with advance notice.
6. At no time will the counselor meet individually with a child without being in line of sight of a CYP, DoDEA, LEA, or camp employee or a parent/guardian.
7. The counselor may use only OSD approved materials for trainings, groups, and any other activities.
8. With the exception of mandatory state, federal, and military reporting requirements (i.e., domestic violence, child abuse, and duty-to-warn situations), as well as oversight review by DoD of the service you received should an adverse or harmful event occur, MFLC support is private and confidential to encourage the greatest level of participation.

Liberty Intermediate School MFLC Permission Form

Child's Name _____
 First name Last Name

Grade _____

Teacher _____

I acknowledge that a CYB-MFLC is available at Liberty Intermediate School, and

I authorize my child to receive CYB-MFLC support.

I DO NOT authorize my child to receive CYB-MFLC support.

PARENT OR GUARDIAN SIGNATURE

DATE



Video and Telephone Counseling Now Available

Back to School: Meet Your MFLC

The Military and Family Life Counseling Program is here for you during the coronavirus disease pandemic. We now offer telephone and video non-medical counseling in addition to face-to-face non-medical counseling.

Who is eligible?

Free and confidential non-medical counseling is available to service members, Department of Defense expeditionary civilians, their families and survivors.

Child and youth behavioral counselors are available to support children and youth up to age 18. They also offer guidance to families, staff and support personnel.

What can I expect from non-medical counseling?

Your Military and Family Life counselor can help with:

- Managing stress and changes at home due to COVID-19
- Adjusting to deployment and reintegration
- Preparing to move or adjusting after a move
- Strengthening relationships
- Managing problems at work
- Grieving the death of a loved one or colleague

Your Military and Family Life Counselor will be hosting a Zoom Meeting on:

TBA

Date and Time: _____

Schedule an appointment with a Military and Family Life Counselor:

Beverly Little

Your point of contact: _____

(757) 335-3938

Phone number: _____

**Call Military OneSource anytime, 24/7 at 800-342-9647
or visit www.MilitaryOneSource.mil.**

